

Press Release

Contact: Paul Kuhn

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Phone: (303) 715-0939

contact@AwakeningArtistry.com

Scared to Take the Leap?

Best-Selling Author and Harvard Trained Attorney, Tama J. Kieves, Shares Her Secrets for Unblocking Your True Talent, and Finding the Courage to Believe in Your Dreams and Step into Your True Calling in Upcoming Kripalu Retreat

Denver, CO, August 7, 2007 - Who hasn't wondered what it would be like to do what we're *meant* to do... write a book, sing for fun or profit, design furniture, start a greeting card business? If you've ever had the sense that you have a creative calling or restlessness, but you don't know how to do *what you came here to do*, Tama J. Kieves' workshop, **Unleashing Your Calling! An Intensive to Create the Work and Life You Love** is for you. Tama's breakthrough and proven program will help you blast through limiting fears and live the life you're meant to live.

"Your wildest dreams are not frivolous. They are your source for inspired abilities and explosive direction, and in uncertain times, true passion is your greatest security," says Kieves. "I ask participants to consider this, If you're this successful doing work you *don't* love, what could you do with work you *do* love? I want everyone to know a life of no regrets."

Unleashing Your Calling! An Intensive to Create the Work and Life You Love is packed with hands-on, exercises. Participants will learn how to *set free unstoppable strength *name and claim their true creative direction *turn roadblocks into launch pads* release fears and ignite determination* and stay true to their vision over time. Whether you're stuck in a job you hate and don't know your direction or you've already launched your creative dreams and want to take them to the next level, this life-changing retreat promises to help you open the floodgates of your creativity and create the life you desire.

Tama J. Kieves is a leading career coach and best-selling author of **THIS TIME I DANCE! Creating the Work You Love. (How One Harvard Lawyer Left It All to Have it All!)** <http://www.awakeningartistry.com/thistime.html>. A Harvard-trained corporate lawyer, turned writer, sought-after career coach, and international teaching catalyst, Tama reveals her own journey of choosing her creative desires over societal conditioning and risking everything, while sharing pivotal strategies she's used to help thousands world-wide to discover and live their own wildest dreams. She creates an environment of synergy, support and passionate world-class mentoring.

Unleashing Your Calling! An Intensive to Create the Work and Life You Love will be held Sept 9-13, 2007 at the Kripalu Center for Yoga and Health in Lenox, MA. Kripalu is one of the nation's premier centers for holistic studies offering workshops and retreats at a spectacular facility of walking trails, woods and lakes. For information, please visit <http://www.kripalu.org/program/view/all/ULYC71/> or contact Tama J. Kieves at (303) 715-0939 / or contact@AwakeningArtistry.com